Sugar Rush

Koreograf: Steve Moody Beskrivning:32 count, 4 wall, beginner/intermediate line dance Musik: Candyman by Christina Aguilera [174 bpm / Back To Basics / Available on iTunes]

DIAGONAL FORWARD AND BACKWARD STEP CLAPS

1-2Step right foot diagonally forward to the right - touch left foot next to right foot as you clap 3-4Step left foot diagonally forward to the left - touch right foot next to left foot as you clap your hands 5-6Step right foot diagonally backward to the right - touch left foot next to right foot as you clap 7-8Step left foot diagonally backward to the left - touch right foot next to left foot as you clap

ANDREW SISTER SIDE STEPS

As you do the next set of 8, your left hand is on your left hip. Right arm is up like you are waving hello as you wiggle your hand quickly

1-2Step right foot to right side- slide left foot next to right

3-4Step right foot to right side- slide left foot next to right

5-6Step left foot to left side - slide right foot next to left

7-8Step left foot to left side - slide right foot next to left

BOOGIE WOOGIE FEET FORWARD THEN KICKS WHILE TRAVELING BACKWARD

During the first set of 4 your arms are down at your sides, palms facing forward as you wiggle your hands 1Step forward on your right foot with your toes twisted out to the right

As you do this your left toes will twist to the center

2Step forward on your left foot with your toes twisted out to the left, while you twist your right toes back to the center 3Step forward on your right foot with your toes twisted out to the right

As you do this your left toes will twist to the center

4Step forward on your left foot with your toes twisted out to the left, while you twist your right toes back to the center 5-6Kick your right foot forward - take big step right back foot

7-8Kick your left foot forward - take a big step left back foot

GRAPEVINE RIGHT / GRAPEVINE LEFT WITH A QUARTER TURN TO THE LEFT

1-2Step right foot to right - cross left foot behind right foot

3-4Step right foot to right - touch left foot next to right foot as you snap your fingers

5-6Step left foot to left - cross right foot behind left foot

7-8Step left foot to left while turning 1/4 turn to the left - touch right foot next to left foot as you snap your fingers

REPEAT